



How to use this pack

Included are four distinct, but linked resources which consider how to facilitate or use a particular method of facilitation. The pack can be used in its entirety to develop a broader knowledge of facilitation, or each individual resource can be used to meet the desired outcomes of different situations. At the start of each resource is a guide about the circumstances under which this approach may be most useful. The methods covered have been chosen for their empowering, strengths-based approaches, all of which have been used in the work of the SSSC with the social services sector and partners.

The four resources:

1. Using ourselves to facilitate explores what facilitation is and some of the fundamental skills and values that support it.
2. Action Learning offers a programme structure with the supporting materials needed to run an action learning set.
3. Forum Theatre provides scripts and facilitator notes to run forum theatre sessions.
4. Appreciative Inquiry offers a programme structure and supporting materials for a cycle of Appreciative Inquiry carried out over three sessions.

Introduction

Who is it for?

This resource is for anyone who is facilitating group learning with a focus on achieving outcomes. It has been designed to support individuals and organisations who are interested in developing how they facilitate, and there is an emphasis on the underpinning values of personal outcomes and relationship based support where the learning then leads to actions. The first resource, 'Using ourselves to facilitate', provides some detail of the fundamentals of facilitation which, while not comprehensive, will be useful for those new to facilitation. The other resources build on using the fundamental skills by applying frameworks. The approaches described have been used by the Scottish Social Services Council (SSSC) in supporting learning within a social services context, but they can be applied in any organisation or service practising principles of integrated and collaborative working.

Where has it come from?

The SSSC has developed this pack as part of a range of resources to support integrated working across health and social care. Written in close collaboration with partners, the pack draws on our experience of applying recognised facilitation methods on a wide variety of social and health service projects.